

## Home based therapy sessions, face-to-face or by video call

Neurological therapy aims to improve function, reduce symptoms and improve the well-being of people with complex injuries and conditions affecting the brain and nervous system.

Our highly skilled therapists provide bespoke home-based rehabilitation programmes designed to encourage patients achieve their rehabilitation potential and promote independence.

### Our neurological service includes:

- Stroke Rehabilitation
- Spinal injuries
- Traumatic brain injuries
- Parkinson's
- Multiple sclerosis
- Gillian Barre syndrome
- Cancer related neurology
- Other neurological conditions

## What does an assessment involve?

The initial assessment will take place in your home. The nature of your assessment will depend upon your symptoms and may include an evaluation of joint range of movement and muscle strength, co-ordination, sensation and balance.

## What our patients say...

“ I was apprehensive about video therapy, but Harriet was so good. She immediately made me feel that she was expert in her field - thorough assessment and appropriate exercises as a result. She then gave advice how to manage my condition. Excellent. “

**Mrs S. (London)**

“ The quality of my therapy was



**- Mr C. Surrey**

“ I would like to thank all the team for everything they have done for us and always so helpful with organising dates and any needs we have and they are all very lovely to work with. “

**- Mr F. London**



**REHABPHYSIO**  
London –



**Neurological Therapy**

*Feel Better, Move Better, Be Better*

## Your assessment may also cover:

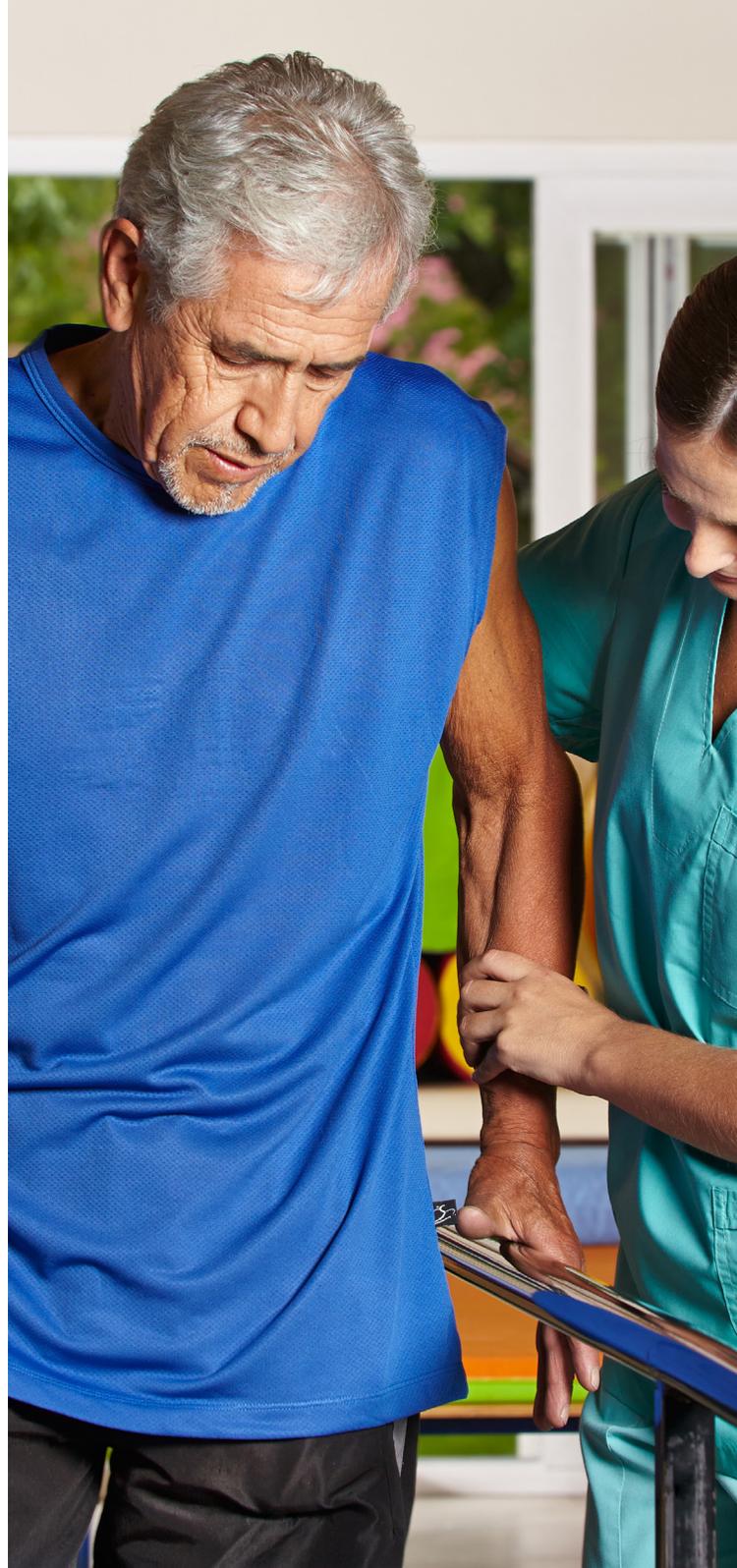
- Balance and dizziness
- Positioning, current mobility and activities with or without walking aids
- Communication
- Thinking processes
- Mood and behaviour

Following your assessment our therapist will discuss their findings with you, in relation to your condition and how these impact on your quality of life. A treatment plan and appropriate goals will then be agreed together.

## What will treatment include?

### Depending on your individual needs, treatment can include:

- Tailored home exercise programme includes strengthening and stretching
- Gait re-education
- Balance and posture retraining
- Functional Electrical stimulation
- Equipment assessment and recommendations
- Advice and education for self management
- Swallow and speech assessment and exercises
- Advice and education on mood and behaviour management
- Use of music to facilitate movement and speech



## Find out more

We offer a free telephone consultation. This is where we have a chance to ask you some basic questions about your condition and what you would like help with.

We can discuss a schedule for potential appointments and services which would be beneficial to your recovery.

### Our neurological therapy packages may include the following service:

- Physiotherapy
- Occupational Therapy
- Speech and Language Therapy
- Clinical psychology
- Music therapy
- Clinical Massage Therapy

## Contact Us

Call today for your **FREE** telephone consultation on:

**0203 581 9336**

Alternatively please visit our website at:

**[www.rehabphysiolondon.com](http://www.rehabphysiolondon.com)**

or email us at:

**[hello@rehabphysiolondon.com](mailto:hello@rehabphysiolondon.com)**